

PROFESSIONAL DEVELOPMENT

The Confident Negotiator

CONFIDENCE, NEGOTIATION & BOUNDARIES

COURSE DESCRIPTION

This program equips women to communicate with conviction, negotiate effectively, and set healthy boundaries. Participants learn proven negotiation frameworks, assertive communication techniques, and strategies to advocate for themselves and their teams. Through role-play and real-world scenarios, learners practice turning confidence into measurable outcomes.

WHY IT MATTERS

Confidence and negotiation skills directly shape careers, compensation, and influence. Women who negotiate and set boundaries effectively secure better outcomes for themselves and lead with greater authority.

KEY LEARNING AREAS	COURSE BENEFITS	PROGRAM UNIQUENESS
<ul style="list-style-type: none"> ● Building genuine, lasting self-confidence ● Core negotiation principles and frameworks ● Assertive communication techniques ● Setting and maintaining healthy boundaries ● Advocating for yourself and your team 	<ul style="list-style-type: none"> ● Negotiate with skill and confidence ● Communicate assertively, not aggressively ● Set boundaries that protect your priorities ● Advocate effectively for pay and promotion ● Strengthen your professional influence 	<ul style="list-style-type: none"> ● Practical negotiation role-play ● Real workplace scenarios ● Confidence-building techniques ● Delivered by negotiation specialists

PROGRAM LENGTH
2 days

COURSE FORMAT
Online, Face-to-Face, or Hybrid

LEARNING EXPERIENCE
Role-play and scenario practice

TARGET AUDIENCE
Women in professional and leadership roles

Ready to Enroll?

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